SECTION 9 DUALS HONOR WEIGH-IN FORM

Section 9 Duals weigh-ins do NOT count toward the 50% rule
Weigh-ins count as they would in a regular tournament: The weight the wrestler weighs in at one Day 1 locks them into that weight class for the entire tournament. Only wrestlers weighed-in on Day 1 are eligible for future days.

Daily Signatures: Athletic Director or School Rep.: _____ _____

TEAM: _____

		Tuesday 12/1		Wednesday 12/2	
		Wt Allow: +0	Wt Allow: +3	Wt Allow: +1*	Wt Allow: +4*
Weight	**Wrestlers Name**	**AM**	**PM**	**AM**	**PM**
96					
103					
112					
119					
125					
130					
135					
140					
145					
152					
160					
171					
189					
215					
285					

EXTRA WRESTLERS:

* - D2 ONLY IS +0 and +3 on Wednesday

Minimum weights are as follows: In Excess of: 88 for 96, 93 for 103, 180 for 215, 210 for 285